

ELLINGTON TOWN CRIER

A SENIOR CENTER NEWSLETTER

Erin R. Graziani, Director
Noreen Staiger, Assistant
MaryAnne Mandell, Receptionist
Van Drivers: Jeanne Magurany
Clay Farnham and Paul Sawyer

TELEPHONE
870-3133

MAY 2005

Ellington Senior Center
16 Church Street

Monday: 8:30 am to 6:00 pm
Tues-Thurs: 8:30 am to 4:00 pm
Friday: 8:30 am to 1:30 pm

Greetings from the Director,

Our prayers extend to the family of Eulalie Benjamin who passed away in April. Eulalie will always be remembered by her gentle and kind manner. We will truly miss our friend.

If you mail correspondences to the Senior Center, please make sure to include our P.O. Box 187. Some Van updates: Please reserve all rides at least (2) business days in advance. Van reservations will be accepted Monday through Thursday from 9:00am-3:00 pm; Fridays from 9:00am to Noon. We can not take any requests that comes in through our voice mail.

May is the month that we celebrate our many wonderful and talented volunteers at our annual luncheon on May 24 at The Colony Restaurant. We ask volunteers to RSVP by May 18.

Blessings to all...

Sincerely,

Erin R. Graziani



OUT TO LUNCH:

Date: May 3, 2005

Time: Noon

Restaurant: Chowdertown

Access Town Crier News
& Calendar -Town's website:
www.ellington-ct.gov click "Our
Town News" (blue column),
select "newsletter, select "Senior
Center"

Musical Insights

Join us on the 2nd & 4th
Monday at 6:00p.m.

May 9: A Love Theme
Pop & Classical-Pat Stoughton
May 23: Eastern European
music- Mary Regan



VAN NEWS: Please sign-up for transportation with the Receptionist, if you wish to take the van.

To reserve a ride, please call (870-3133) at least 2 business days in advance. First time riders, must fill out "Intake" form prior to your ride.

Ellington Medical Transportation Services (EMATS)

Transportation services for non-emergency medical appointments for Ellington residents. For reservations call Senior Center Director, Erin Graziani at 870-3133 at least 7 days in advance. Program is funded in part by the Older Americans Act through the North Central Area Agency on Aging.

HARVEST MOON REVUE VARIETY SHOW Show Date: October 15

Committee Meetings
Senior Center
4:00-5:00p.m.

May 2
June 6

Note the Variety Show Director, Bill Prenetta, will be in attendance. Please come and join in the preparation of this very important Intergenerational show. Proceeds go into the Senior Center Building Fund.

Publicity Mtg.-May 3-10:00



OPEN CALL: We are looking for individuals who would like to perform (sing, act, dance) to the 1940's theme.

PROPS: We would like to borrow 1940's WWII clothing and memorabilia. **LOOKING FOR A DRUMMER:** Anyone interested in donating their talent, we need a "drummer" to beat to the '40's tune. Call the Senior Center @ 870-3133

MEMORIES & CREATIVE WRITING

Meetings take place at the
Senior Center
on the third Monday of every month

May 16
6:00-7:30 p.m.

Come share and reminisce with us!!
Newcomers always welcome!

FRIENDSHIP CLUB-Meeting Dates: Fridays at 10: 30 a.m.
August 12 and December 9. See Noreen for details.

HEALTH & WELLNESS NEWS**Blood Pressure Clinics and Diabetic Screening:**

⇒ Blood pressures every Tuesday from 1:30-3:00 p.m.

⇒ Diabetic Screenings are taken on the 3rd Tuesday.

Exercise Classes: Join in on the fun every

Wednesday morning at 9:00 a.m. Cost: \$3.00 for residents; \$4.00 for non-residents. Joanne Britton, instructor.

Tai Chi Sword, 24 and Fan: Every Monday beginning with Sword at 10:45 a.m., followed by 24 and Fan at 11:30 a.m. Cost: \$3.00 for residents; \$4.00 for non-residents. Ed Evans, Instructor.

Dancing:

Line Dancing: Mondays from 1:30-3:00 p.m., volunteer instructors; Dot Willis, Betty and Al Gagne.

Oberek, Advanced Polka, Waltz and Line Dances: Every Wednesdays from 3:00-4:30 p.m. The A-Team (Amelia and Adam Kurpat) teach these fabulous dances.

Ballroom Dancing: Every Friday at 1:00 p.m. Instructors: Del and Ralene Brigham.

**CHOLESTEROL SCREENING**

Tuesday, June 7, 2005

1:30-3:00 p.m.

Ellington Senior Center

Cost: \$10.00

Fasting is not necessary
Clinic held by The Visiting Nurse & Health
Services of Connecticut

To register contact the Senior Center at
870-3133

***Pre-registration is required.**

BETTER AGE SINGERS

Pot Luck Luncheon

Wednesday, May 4

Noon- 3:30 p.m.

Senior Center

Bring a dish and (1) table setting

We thank the Better Age
Singers, Chorale Director; Barbara
Caramante and substitute Director Mary
Regan for another wonderful,
entertaining performance on April 14.

**VETERAN'S NEWS:**

The American Legion Auxiliary members bring lap robes (size 40x80) to the V. A. Hospital. Anyone who would like to make a robe for the Vets, please contact Erin at the Senior Center. (870-3133)

Veteran Contacts:

VFW- Jim Stemmerman, Commander @ 872-3446 or Services
Officer Morris Webber @ 875-2613

American Legion- Leonard Johnson Services Officer @ 871-1498
State Representative Ted C. Graziani @ 240-8531

**THE BOOK CLUB**

May 17 at 11:30 a.m. Special Program

with guest author, Eve Nussbaum Soumerai (a special friend of Maryann E. Allcroft). Book discussion on *A Voice from the Holocaust* by Eve Nussbaum Soumerai and Carol D. Schulz. Books cost \$15.00; please order books @ Senior Center by 4/29. A light lunch will follow the discussion. Sign-up mandatory.

**MOVIES OR MALL:**

Moviegoers: Redstone Cinemas at Buckland

May 10 feature is **High Noon**

starring Gary Cooper & Grace Kelly. Showtime 1:00 p.m. Cost \$1.00 includes admission, popcorn and soda. Or, if you prefer, shop and browse at the Mall and area. **Van transportation available.**

**The Better Age Club:**

Meetings held on the 2nd & 4th Thursday @ 1pm

May 12: Business Meeting & Preschool of the Arts

May 26: Sing-A-Long with Sophia Thompkins

Are You 55 or Older?

Are You Getting All the Benefits You Are Eligible For?

Benefits Outreach/CHOICES Program

Thursday, June 9, 2005

9:00 am-2:00pm

Hall Memorial Library -93 Main Street

To schedule a FREE & confidential screening, call North Central Area Agency on Aging Benefits Outreach Program at: **1-800-994-9422 (ext 277)**



CARDS AND GAMES

The Bridge Players: Tuesdays @ 9:15 a.m.; see Pat Szemplinski or Rosemary Malatesta.

Evening Cards:

Setback: Tuesdays (except the 2nd); see Ernie Nelson
Pinochle—2nd Tuesday, every Friday and single deck Pinochle on the 2nd Saturday; See Bob Karlowicz.

Doors open @ 6:30; games @ 7:00 p.m. for Setback & Pinochle.

Games Night: The first Monday of every month @ 6pm; see Joan Randall.

Mahjongg: Come join in the fun! Every Monday @ 3pm and every Friday @ 10:00 a.m., see Sylvia Kravitz.



THE CRAFTY CORNER

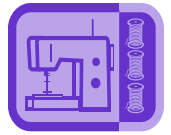
Lucille's Knitting: 2nd, 3rd, 4th Tuesday @ 2:00 p.m.

Rose Parent's Sew & So: 1st and 3rd Thursday @ 9:30 a.m.

Carolyn's Crafts: 2nd and 4th Thursday @ 10:00 a.m.

Denise Dupell's Block Style Knitting: Every Wednesday @ 2:00 p.m.

Scrapbooking: Every 3rd Monday at 10:00 a.m.



ELDERLY OUTREACH SERVICES: Contact Anna Turner, @ 870-3131 for information on programs and services for residents age 60 and older. "Women, Health & Aging" June 22 @ Sr. Center, 11:30-1:00 p.m. with guest speaker Kathy Porter, RN. A light lunch will be served. **RSVP w/Anna Turner @ 870-3131 by 6/15. Seating is limited.**

Trips 2005

A non-refundable \$10.00 deposit is required at sign-up for all trips. If a deposit is not made, you will be placed on the waiting list. A "Medical Waiver" form for 2005 (gold color) is required. Payments will be received on Tuesday and Wednesday from 2:00—3:30 p.m. Parking available at Town Hall for bus pick-up and drop off (at Maple St. entrance). Please be at the pick-up site 15 minutes before departure time posted on each trip. For more information on the trips, call the Senior Center (870-3133).

The Black Watch at Mullins Center in Amherst, MA: Monday, May 23; Direct from Montreal. Regiment gives outstanding performance. Dine at the Log Cabin. Cost \$55.00. Leave at 10:00 a.m.; return approximately 5:30 p.m.

Belle of Brattleboro: Old Country Store, Putney Inn Luncheon & Connecticut River Cruise

Tuesday, June 21, leave at 8:00 a.m. and return approximately 6:00 p.m. Vermont trip includes lunch, transportation, cruise, tax and gratuity. Cost \$50.00/person

Hukelau Twin Lobster Hawaiian Beach Party: Thursday, July 14; The Travel Group presents this trip that includes Hawaiian Show with luncheon menu: Twin Steamed Lobster or Prime Rib of Beef. Cost: \$59.00/person includes taxes and gratuities. Leave at 10:30 a.m. and return approximately 4:00 p.m.

We're Going to the Dogs: Sunday, August 14; leave at 9:00 a.m. and return approximately 7:00 p.m. Join us on a trip to New Hampshire and Hinsdale Greyhound Park for a Sunday afternoon! Package includes roundtrip motor coach, clubhouse admission, race program, buffet luncheon and drivers' gratuity. Cost \$44.00/person.

Myrtle Beach "Showtime": Saturday, September 10—Friday, September 16; Ocean Front Hotel, Charlestown and Musical Shows, Dolly Parton's Dixie Stampede, Silver Fox motor coach.. Tour Cost: \$700.D, \$680.T, \$830.S

Upcoming with more details:

November: Comedian Carl Hurley at Garde Arts Center, New London & Mohegan Sun